TOURNAMENT RULES U12:

| Pitch size | | 45 m wide for 10 players |
|------------------------------|------------------------|--|
| Number of players | 10 | Unlimited/Rolling subs |
| Ball size | 4 | |
| Maximum playing time | 90 minutes in 48 hours | |
| Restarts | Fault | Penalty/Scrum |
| Defence offside line | 10 m | |
| The roll-away rule | Yes | After tackle |
| Tackle zone | Green, Orange, Red | Green- Hips + below = Good |
| | | Orange- From waist to armpit - Referee will give warning. (Penalty kick if repeated) |
| | | Red - From armpit up - Penalty |
| Running through contact | Forbidden | Attacker must run at space and not through contact |
| Hand-Off | Forbidden | Ball carrier may only push defender off in the tackle |
| Fight for ball in contact | Yes | |
| Fight for ball after contact | Yes | Jackler (First arriving player) |
| 55 m x 45 m | | |

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| No | Can only tackle #9 after FIRST STEP with ball in hand. (Not when the ball is picked up). Fault = Free kick |
|-----|--|
| Yes | 1+2 v 1+2 |
| Yes | Maximum 3 v 3 3 seconds to use the ball after first stop. |
| Yes | Uncontested - 5 v 5 |
| Yes | Uncontested - 3 v 3 |
| Yes | Without going out - Fault = Scrum where ball was kicked |
| Yes | Drop Kick. Unsuccessful = Scrum (The team that was scored against can choose if they want to kick or receive kick) |
| | Yes Yes Yes Yes Yes |